

## Bachelor of Science in Physical Education

(This state-supported, face-to-face elevation was recommended by the Academic Senate on March 10, 2022 and originally approved by the President on May 3, 2022. After a recommendation from the Chancellor's office, the title of this elevated degree was updated from the BS in Physical Education – Teacher Education to the BS in Physical Education. Senate and Presidential approval occurred on June 29, 2022. The CSU Chancellor's Office approved on July 20, 2022.)

### Bachelor of Science in Physical Education (120 units)

The BS in Physical Education places emphasis on teaching public school PE to students with and without disabilities in preschool through grade 12 and includes concentrations in Adapted Physical Education (APE) and Physical Education K-12 (PE K-12). Prospective students should consult with the department's Single Subject Physical Education Advisor and/or Adapted Physical Education Advisor early to plan their program.

#### Careers:

Adapted Physical Education Teacher, K-12 Physical Education Teacher, sport/activity instructors (Junior Colleges and Universities), k-12 high school administrators (principals, vice-principals & school district superintendents).

#### Degree requirements:

##### Core Courses (15 units):

*Take all of the following courses:*

- KIN 201 - Introduction to Kinesiology (3 units)
- KIN 300 - Biomechanics of Human Movement (3 units)
- KIN 301 - Exercise Physiology (3 units)
- KIN 312 - Motor Control (3 units) 01/20/2022
  - BIOL 207 Human Physiology (4) - "C" or better
  - KIN 149A Self-Defense (1) - "C" or better
  - KIN 237 Techniques and Analysis of Aquatic Skills (2) - "C" or better



Note: A fieldwork or field experience requires current certification in First Aid (American Red