

BS in Kinesiology Option in Sport Psychology & Leadership
Major Requirements Worksheet
2024-2025 Catalog

Name: _____ Student ID: _____

All KIN courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

Grade	Prerequisites†
Complete ALL of the following common core courses:	40-41 Units
	appropriate math placement
	B4 and one GE A category
	a 'C' or better in one of the following: ART 372, BIOL 201, BI 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200
	GE composition ready or 'C' or better in one of the following , 100A, ASAM 100A, CHLS 104A, ENGL 100A or ALI 150 or equivalent
	corequisite: one GE foundation course
	open to KIN and Pre-KIN majors
	open to Pre-KIN majors
	a 'C' or better in BIOL 208 corequisite: KIN 201
	a 'C' or better in BIOL 207 corequisite: KIN 201
	a 'C' or better in all of the following: BIOL 207, BIOL 208 corequisite: KIN 201
	GPE score of 11+ or portfolio course; open to Pre-KIN majors; corequisite: KIN 201
	GE foundations; upper division standing; open to Pre-KIN majors
	302: BIOL 208; Open to Pre-KIN majors 462: KIN 300, 301

Complete 3 units from the following physical activity courses: 3 Units

Grade	Course Number & Title (units)	Grade
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Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following upper division courses:

18 Units

- upper division standing
- GE foundations; one exploration course; upper division standing open to Pre-KIN majors
- KIN 339
- KIN 339
- KIN 300, 301, 312, and 339
- PSY 100

Complete 12 units from the following Sport Psychology & Leadership Electives

*At least 6 units must be upper division; at least 3 units must be from KIN

1. KIN 339

- corequisite: one GE foundation course open to Pre-KIN majors
- open to Pre-KIN majors

2. KIN 300, 301, 312, and 339

- a 'C' or better in KIN 300 or 301 or 312; instructor consent
- a 'C' or better in KIN 488A

3. PSY 100

- completion of KIN major coursework; department consent
- senior standing; department consent

4. PSY 301, PSY 351; Department Consent

- PSY 100
- PSY 301, PSY 351; Department Consent

5. REC 325

- none
- none
- GE foundations; one exploration course
- none
- GE foundations
- GE foundations; one exploration course; upper division standing
- GE area A completion
- none
- none
- none
- REC 325

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

* These courses may only be taken as an elective course if not used for upper-division required course

A 'C' or better is required in all courses

Total units required for SPL option: 73-74