

LONG BEACH COLLABORATIVE RESOURCE LIBRARY (GARDENA)

ACTIVIDAD FÍSICA/ **PHYSICAL ACTIVITY**

Gardena Parks, Recreation & Marine

www.cityofgardena.org/live-work-and-play-2/

www.cityofgardena.org/recreation-classes/

310 217-9537

*Mas Fukai Memorial Park

14708 D. Halldale Avenue Gardena, CA 90247

310 217-9557

*Arthur Johnson Memorial Park

1200 W. 170th Street Gardena, CA 90247

310 217-9563

*Paul Rowley Memorial Park

13220 S. Van Ness Avenue Gardena, CA 90249

310 217-9562

*George Freeman Memorial Park

2100 W. 154th Place Gardena, CA 90249

310 217-9558

*Edward Thornburg Memorial Park

2320 W. 149th Street Gardena, CA 90249

310 217-9560

*Ernest Primm Memorial Pool

1650 W. 162nd Street Gardena, CA 90247

310 217-9559

*James Rush Memorial Gymnasium

1651 W. 162nd Street Gardena, CA 90247

310 217-9598

Boys & Girls Club of America

802 W Gardena Blvd. Gardena, CA, 90247

310 523-2173| www.bqca.org

Healthy Active LB

2525 Grand Ave. Long Beach, CA, 90815

562 570-4244 (English) 562 570-4292 (Spanish)

www.longbeach.gov/health/healthy-living/individual/nutrition-and-physical-activity/

Nakoaka Community Center

Classes for Children & Adults

1670 W 162nd Street Gardena, CA 90247

310 217-9537

Gardena- Carson Family YMCA

1000 Artesia Blvd